

Holiday Activities  
and Food  
Programme  
Kent



Helping families to flourish

# Fun & food in the school holidays



Families of children aged 4 to 16 years, who are eligible for benefits-related free school meals, can access these opportunities in the **Easter, Summer and Christmas holidays** for free.





# Nutritious food and enriching activities

The **Holiday Activities and Food (HAF) Programme in Kent** provides healthy, nutritious food and exciting, enriching activities for children and young people during the school holidays.

Families of children aged 4 to 16 years, who are eligible for benefits-related free school meals, can access these opportunities in the Easter, Summer and Christmas holidays for free.

The HAF Programme aims to support the physical and mental health and wellbeing of children and young people in Kent, encouraging them to engage in interactive and fun activities and provide them with access to nutritious food.

This programme is funded by the Department for Education (DfE) to provide support for eligible families in Kent to access these holiday activities for free.



Find out more about the programme and see if you are eligible.

[tinyurl.com/HAFKent](https://tinyurl.com/HAFKent)



Department for Education

