



<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/>

**Pre-recorded, on-demand training available online: CONTENTS (as of 12/12/22)**

**Speech and Language**

|   |
|---|
| <b>Early Language and Communication</b>   |
| Let's get talking                         |
| Helping your child's social communication |
| Supporting early interaction workshop     |
| Top tips for talking                      |
| Using visual support                      |

|                                    |
|------------------------------------|
| <b>Autistic Spectrum Condition</b> |
| BOSA assessment                    |

|  |
|--|
| <b>Augmentative and Alternative Communication (AAC)</b>                |
| Communication Book   |
| Communication Board  |
| Starting out with signs and symbols                                    |
| Kent and Medway Communication and Assistive Technology Service (KMCAT) |

|                               |
|-------------------------------|
| <b>Feeding and swallowing</b> |
| Fussy feeder workshop         |

|   |
|---|
| <b>School aged language</b>                       |
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| Using visual support at school and home           |
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| Using a framework to develop reasoning skills     |

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|   |
|---|
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| Session 1: Understanding selective mutism       |
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|  |
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| <b>Stammering</b>  |
| Supporting your child's fluency: An online parent workshop for children under the age of 8 |
| Supporting your child's fluency: An online parent workshop for children over the age of 8  |

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| <b>How to help your child have fun / Meal times</b> |
| Socks and Sausages                                  |

|  |
|--|
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| Understanding your Child's Sensory Processing - Part 1 |
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**Physiotherapy**

|                                |
|--------------------------------|
| <b>Being active</b>            |
| Exercises to make you stronger |

|   |
|---|
| <b>Coordination and motor development</b> |
| BEAM warm-up example                      |

|  |
|--|
| <b>Hypermobility / Posture and back care</b> |
| Core stability                               |
| Exercises to make you stronger               |

|                                  |
|----------------------------------|
| <b>Under 2s development</b>      |
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| Rolling                          |
| Lying to sitting                 |
| Supported four point kneeling    |
| Half kneeling                    |
| Kneeling to standing             |
| Sitting to standing              |
| Standing                         |
| Cruising                         |
| Walking with a push along walker |
| Gym ball activities              |

## Speech and Language Therapy

### Early language and communication

|   |                  |  |
|---|------------------|--|
|  <p><b>Let's Get Talking!</b><br/>Helping Your Child's Language and Communication Development</p> <p>Presented by the Children's Speech and Language Therapy Service</p> | <b>Title:</b>    | <b>Let's get talking</b>   |
|   | <b>Section:</b>  | Early language and communication                                   |
|   | <b>Duration:</b> | Unknown (but likely to be quite long due to comprehensive content) |
|   | <b>Weblink:</b>  | <a href="#">Click here</a>   |

Let's get talking is very comprehensive. The different sections include:

#### Aims

Language and Communication Development

Top tips for talking

Language tree with strategies x 2

Special times

Sharing books

Visual support systems

Why visual support?

Bilingualism and Language development

Bilingualism – advice for parents

Next steps

Summary slide

Support for parents in your local area

Questions

What to expect in your first therapy session


Stages of play development

Stages of communication development


Bilingualism FAQ sheet


Stages of language and communication development

Stages of attention development


|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Helping your child's social communication</b> |
|   | Section:  | Early language and communication                 |
|   | Duration: | 41 minutes 27 seconds                            |
|   | Weblink:  | <a href="#">Click here</a>                       |

|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Supporting early interaction workshop</b> |
|   | Section:  | Early language and communication             |
|   | Duration: | 14 minutes 54 seconds                        |
|   | Weblink:  | <a href="#">Click here</a>                   |


|  |           |                                  |
|--|-----------|----------------------------------|
|  | Title:    | <b>Top tips for talking</b>      |
|  | Section:  | Early language and communication |
|  | Duration: | 6 minutes 20 seconds             |
|  | Weblink:  | <a href="#">Click here</a>       |


|   |           |                                  |
|---|-----------|----------------------------------|
|  | Title:    | <b>Using visual support</b>      |
|   | Section:  | Early language and communication |
|   | Duration: | 2 minutes 53 seconds             |
|   | Weblink:  | <a href="#">Click here</a>       |

## Autistic Spectrum Condition (ASC)

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>BOSA assessment</b>     |
|   | Section:  | ASC                        |
|   | Duration: | 5 minutes 38 seconds       |
|   | Weblink:  | <a href="#">Click here</a> |

## Augmentative and Alternative Communication (AAC)


|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Communication Book</b>  |
|   | Section:  | AAC                        |
|   | Duration: | 13 minutes 42 seconds      |
|   | Weblink:  | <a href="#">Click here</a> |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Communication Board</b> |
|   | Section:  | AAC                        |
|   | Duration: | 8 minutes 7 seconds        |
|   | Weblink:  | <a href="#">Click here</a> |


|  |           |  |
|--|-----------|--|
|  | Title:    | <b>Starting out with signs and symbols</b> |
|  | Section:  | AAC  |
|  | Duration: | 8 minutes                                  |
|  | Weblink:  | <a href="#">Click here</a>                 |

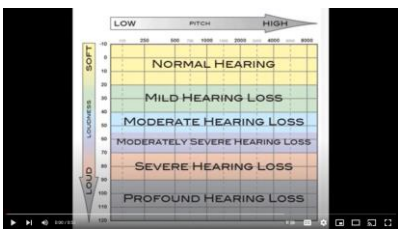
|   |           |   |
|---|-----------|---|
|  | Title:    | <b>Kent and Medway Communication and Assistive Technology Service (KMCAT)</b> |
|   | Section:  | AAC   |
|   | Duration: | 7 minutes 5 seconds   |
|   | Weblink:  | <a href="#">Click here</a>  |

## Feeding and swallowing


|   |           |                              |
|---|-----------|------------------------------|
|  | Title:    | <b>Fussy feeder workshop</b> |
|   | Section:  | Feeding and swallowing       |
|   | Duration: | 36 minutes 40 seconds        |
|   | Weblink:  | <a href="#">Click here</a>   |

## Hearing impairment


|   |           |                                |
|---|-----------|--------------------------------|
|  <p>A video thumbnail titled 'Auditory Discrimination' from NHS Kent Community Health. It features a colorful graphic of a person jumping over a large letter 'U'.</p> | Title:    | <b>Auditory discrimination</b> |
|   | Section:  | Hearing impairment             |
|   | Duration: | 15 minutes 14 seconds          |
|   | Weblink:  | <a href="#">Click here</a>     |


|   |           |                                |
|---|-----------|--------------------------------|
|  <p>A video thumbnail showing a hearing loss simulation chart. The chart plots volume (SOFT, LOUD) against pitch (LOW, HIGH) and shows levels of hearing loss: NORMAL HEARING, MILD HEARING LOSS, MODERATE HEARING LOSS, MODERATELY SEVERE HEARING LOSS, SEVERE HEARING LOSS, and PROFOUND HEARING LOSS.</p> | Title:    | <b>Hearing loss simulation</b> |
|   | Section:  | Hearing impairment             |
|   | Duration: | 53 seconds                     |
|   | Weblink:  | <a href="#">Click here</a>     |

## School aged language


|   |           |                             |
|---|-----------|-----------------------------|
|  <p>A video thumbnail titled 'Introduction to Speech, Language and Communication Needs (SLCN): School aged children and young people' from NHS Kent Community Health. It includes the NHS logo and a colorful graphic of a person jumping over a large letter 'U'.</p> | Title:    | <b>Introduction to SLCN</b> |
|   | Section:  | School aged language        |
|   | Duration: | Unknown                     |
|   | Weblink:  | <a href="#">Click here</a>  |


|  |           |  |
|--|-----------|--|
|  <p>A video thumbnail titled 'Parent / carer workshop: Supporting school aged children with Speech, Language and Communication Needs (SLCN)' from NHS Kent Community Health. It includes the NHS logo and a colorful graphic of a person jumping over a large letter 'U'.</p> | Title:    | <b>Parent/carer workshop SLCN – school age</b> |
|  | Section:  | School aged language                           |
|  | Duration: | 20 minutes 50 seconds                          |
|  | Weblink:  | <a href="#">Click here</a>                     |

|  |           |  |
|--|-----------|--|
|  <p>A video thumbnail titled 'Supporting primary aged children with Speech, Language and Communication Needs (SLCN)' from NHS Kent Community Health. It includes the NHS logo and a colorful graphic of a person jumping over a large letter 'U'.</p> | Title:    | <b>School staff workshop SLCN – Primary school age</b> |
|  | Section:  | School aged language                                   |
|  | Duration: | 31 minutes 45 seconds                                  |
|  | Weblink:  | <a href="#">Click here</a>                             |

|  |           |  |
|--|-----------|--|
|  | Title:    | <b>School staff workshop<br/>SLCN – Secondary<br/>school age</b> |
|  | Section:  | School aged language   |
|  | Duration: | 46 minutes 33 seconds  |
|  | Weblink:  | <a href="#">Click here</a>                                       |

|   |           |   |
|---|-----------|---|
|  | Title:    | <b>Transition to secondary<br/>school</b> |
|   | Section:  | School aged language                      |
|   | Duration: | 41 minutes 15 seconds                     |
|   | Weblink:  | <a href="#">Click here</a>                |


|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Using visual support at<br/>school and home</b> |
|   | Section:  | School aged language                               |
|   | Duration: | 34 minutes 17 seconds                              |
|   | Weblink:  | <a href="#">Click here</a>                         |


|  |           |                                |
|--|-----------|--------------------------------|
|  | Title:    | <b>Language through colour</b> |
|  | Section:  | School aged language           |
|  | Duration: | 37 minutes 55 seconds          |
|  | Weblink:  | <a href="#">Click here</a>     |


|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Colourful semantics</b> |
|   | Section:  | School aged language       |
|   | Duration: | 29 minutes 36 seconds      |
|   | Weblink:  | <a href="#">Click here</a> |


|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Using a framework to<br/>develop reasoning skills</b> |
|   | Section:  | School aged language                                     |
|   | Duration: | 35 minutes 19 seconds                                    |
|   | Weblink:  | <a href="#">Click here</a>                               |


Training which is being developed currently and will be added to this section when complete: **Active Listening & Vocabulary**


|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Session 1: Understanding selective mutism</b> |
|   | Section:  | Selective mutism                                 |
|   | Duration: | 53 minutes 47 seconds                            |
|   | Weblink:  | <a href="#">Click here</a>                       |


|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Session 2: Effective, round-the-clock support</b> |
|   | Section:  | Selective mutism                                     |
|   | Duration: | 1 hour 33 minutes 5 seconds                          |
|   | Weblink:  | <a href="#">Click here</a>                           |


|  |           |  |
|--|-----------|--|
|  | Title:    | <b>Session 3: Implementing a small-steps programme</b> |
|  | Section:  | Selective mutism                                       |
|  | Duration: | 1 hour 11 minutes 38 seconds                           |
|  | Weblink:  | <a href="#">Click here</a>                             |

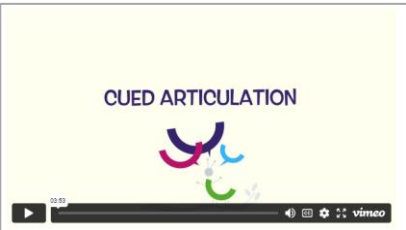
|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Session 4: Generalisation and transitions</b> |
|   | Section:  | Selective mutism                                 |
|   | Duration: | 46 minutes 18 seconds                            |
|   | Weblink:  | <a href="#">Click here</a>                       |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Top tips for speech</b> |
|   | Section:  | Speech sounds              |
|   | Duration: | 3 minutes 44 seconds       |
|   | Weblink:  | <a href="#">Click here</a> |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Sounds fun</b>          |
|   | Section:  | Speech sounds              |
|   | Duration: | 20 minutes 40 seconds      |
|   | Weblink:  | <a href="#">Click here</a> |

|  |           |                               |
|--|-----------|-------------------------------|
|  | Title:    | <b>Phonological awareness</b> |
|  | Section:  | Speech sounds                 |
|  | Duration: | 13 minutes 52 seconds         |
|  | Weblink:  | <a href="#">Click here</a>    |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Minimal pairs</b>       |
|   | Section:  | Speech sounds              |
|   | Duration: | 6 minutes 55 seconds       |
|   | Weblink:  | <a href="#">Click here</a> |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Cued articulation</b>   |
|   | Section:  | Speech sounds              |
|   | Duration: | 3 minutes 53 seconds       |
|   | Weblink:  | <a href="#">Click here</a> |


|   |           |  |
|---|-----------|--|
|  | Title:    | <b>A guide to generalisation of sounds</b> |
|   | Section:  | Speech sounds                              |
|   | Duration: | 8 minutes 13 seconds                       |
|   | Weblink:  | <a href="#">Click here</a>                 |

|   |                                   |  |
|---|-----------------------------------|--|
|  <p>The video thumbnail features the NHS logo and Kent Community Health NHS Foundation Trust branding. It shows five cartoon children holding hands at the top left. The main text reads 'Supporting your child's fluency: An online parent workshop for children under the age of 8'. To the right is a colorful graphic of stylized trees with speech bubbles. A video player interface at the bottom shows a play button and a progress bar at 27:24.</p> | <p>Title:</p>                     | <p><b>Supporting your child's fluency: An online parent workshop for children under the age of 8</b></p> |
| <p>Section:</p>   | <p>Speech sounds</p>              |  |
| <p>Duration:</p>  | <p>27 minutes 24 seconds</p>      |  |
| <p>Weblink:</p>   | <p><a href="#">Click here</a></p> |  |


|  |                                   |   |
|--|-----------------------------------|---|
|  <p>The video thumbnail features the NHS logo and Kent Community Health NHS Foundation Trust branding. It shows the same colorful graphic of stylized trees with speech bubbles. The main text reads 'Supporting your child's fluency: An online parent workshop for children over the age of eight'. A video player interface at the bottom shows a play button and a progress bar at 29:58.</p> | <p>Title:</p>                     | <p><b>Supporting your child's fluency: An online parent workshop for children over the age of 8</b></p> |
| <p>Section:</p>  | <p>Speech sounds</p>              |   |
| <p>Duration:</p>   | <p>29 minutes 58 seconds</p>      |   |
| <p>Weblink:</p>  | <p><a href="#">Click here</a></p> |   |


## Occupational Therapy


### How to help your child have fun / Meal times

|   |           |  |
|---|-----------|--|
|  | Title:    | <b>Socks and Sausages</b>                    |
|   | Section:  | How to help your child have fun / Meal times |
|   | Duration: | 9 minutes 41 seconds                         |
|   | Weblink:  | <a href="#">Click here</a>                   |

### Sensory processing


|   |           |   |
|---|-----------|---|
| <p>Introduction to sensory processing</p>  | Title:    | <b>Understanding your Child's Sensory Processing - Part 1</b> |
|   | Section:  | Sensory processing  |
|   | Duration: | 10 minutes 22 seconds   |
|   | Weblink:  | <a href="#">Click here</a>                                    |

|  |           |   |
|--|-----------|---|
| <p>The senses</p>  | Title:    | <b>Understanding your Child's Sensory Processing - Part 2</b> |
|  | Section:  | Sensory processing  |
|  | Duration: | 24 minutes 25 seconds   |
|  | Weblink:  | <a href="#">Click here</a>                                    |

|   |           |   |
|---|-----------|---|
| <p>Strategies</p>  | Title:    | <b>Understanding your Child's Sensory Processing - Part 3</b> |
|   | Section:  | Sensory processing  |
|   | Duration: | 34 minutes 18 seconds   |
|   | Weblink:  | <a href="#">Click here</a>                                    |

## Physiotherapy


### Being active


|   |           |                                       |
|---|-----------|---------------------------------------|
|  | Title:    | <b>Exercises to make you stronger</b> |
|   | Section:  | Being active                          |
|   | Duration: | 7 minutes 51 seconds                  |
|   | Weblink:  | <a href="#">Click here</a>            |

### Coordination and motor development


|   |           |                                    |
|---|-----------|------------------------------------|
|  | Title:    |                                    |
|   | Section:  | Coordination and motor development |
|   | Duration: | 11 seconds                         |
|   | Weblink:  | <a href="#">Click here</a>         |


### Hypermobility

|  |           |                            |
|--|-----------|----------------------------|
|  | Title:    | <b>Core stability</b>      |
|  | Section:  | Hypermobility              |
|  | Duration: | 8 minutes 8 seconds        |
|  | Weblink:  | <a href="#">Click here</a> |

|   |           |                                       |
|---|-----------|---------------------------------------|
|  | Title:    | <b>Exercises to make you stronger</b> |
|   | Section:  | Hypermobility                         |
|   | Duration: | 7 minutes 51 seconds                  |
|   | Weblink:  | <a href="#">Click here</a>            |

### Posture and back care

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Core stability</b>      |
|   | Section:  | Posture and back care      |
|   | Duration: | 8 minutes 8 seconds        |
|   | Weblink:  | <a href="#">Click here</a> |

|  |           |                                       |
|--|-----------|---------------------------------------|
|  | Title:    | <b>Exercises to make you stronger</b> |
|  | Section:  | Posture and back care                 |
|  | Duration: | 7 minutes 51 seconds                  |
|  | Weblink:  | <a href="#">Click here</a>            |

Under 2s development


### Strategies and advice

There are many ways to support a child's motor development. Watch these short film clips for ideas and advice.


|   |           |                                |
|---|-----------|--------------------------------|
|  | Title:    | <b>Prone prop / Tummy time</b> |
|   | Section:  | Under 2s development           |
|   | Duration: | 52 seconds                     |
|   | Weblink:  | <a href="#">Click here</a>     |


|  |           |                            |
|--|-----------|----------------------------|
|  | Title:    | <b>Rolling</b>             |
|  | Section:  | Under 2s development       |
|  | Duration: | 1 minute 33 seconds        |
|  | Weblink:  | <a href="#">Click here</a> |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Lying to sitting</b>    |
|   | Section:  | Under 2s development       |
|   | Duration: | 2 minutes 55 seconds       |
|   | Weblink:  | <a href="#">Click here</a> |


|   |           |                                      |
|---|-----------|--------------------------------------|
|  | Title:    | <b>Supported four point kneeling</b> |
|   | Section:  | Under 2s development                 |
|   | Duration: | 2 minutes 18 seconds                 |
|   | Weblink:  | <a href="#">Click here</a>           |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Half kneeling</b>       |
|   | Section:  | Under 2s development       |
|   | Duration: | 57 seconds                 |
|   | Weblink:  | <a href="#">Click here</a> |


|  |           |                             |
|--|-----------|-----------------------------|
|  | Title:    | <b>Kneeling to standing</b> |
|  | Section:  | Under 2s development        |
|  | Duration: | 2 minutes 10 seconds        |
|  | Weblink:  | <a href="#">Click here</a>  |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Sitting to standing</b> |
|   | Section:  | Under 2s development       |
|   | Duration: | 34 seconds                 |
|   | Weblink:  | <a href="#">Click here</a> |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Standing</b>            |
|   | Section:  | Under 2s development       |
|   | Duration: | 1 minute 20 seconds        |
|   | Weblink:  | <a href="#">Click here</a> |

|  |           |                            |
|--|-----------|----------------------------|
|  | Title:    | <b>Cruising</b>            |
|  | Section:  | Under 2s development       |
|  | Duration: | 1 minute 34 seconds        |
|  | Weblink:  | <a href="#">Click here</a> |

|   |           |   |
|---|-----------|---|
|  | Title:    | <b>Walking with a push along walker</b> |
|   | Section:  | Under 2s development                    |
|   | Duration: | 1 minute 39 seconds                     |
|   | Weblink:  | <a href="#">Click here</a>              |

|   |           |                            |
|---|-----------|----------------------------|
|  | Title:    | <b>Gym ball activities</b> |
|   | Section:  | Under 2s development       |
|   | Duration: | 1 minute 47 seconds        |
|   | Weblink:  | <a href="#">Click here</a> |